



Informed Consent And Release of Liability for Holotropic Breathwork™

Contraindications

Holotropic Breathwork is intended as a personal growth experience and should not be looked upon as a substitute for psychotherapy. It is not appropriate for pregnant women, for persons with cardiovascular problems, significantly high blood pressure, major psychiatric conditions, recent surgery, acute infectious illness or epilepsy.

If you have any doubt about whether you should participate, please consult with your primary care physician

Release

I hereby release and hold harmless Olympia Etts from any and all results, that arise during or from the Holotropic Breathwork. I waive all rights under law regarding same. Except in the case of gross negligence or malpractice, I or my representative(s) agree to full release and hold the Olympia Etts harmless from and against any and all claims or liability of whatsoever kind or nature arising out of or in connection with my session(s).

Attestation of good health

I hereby confirm that I have read and understood the above information and attest that my general health, as far as I am aware, is good.

Participant's Printed Name: _____

Participant's Signature: _____

Date: _____

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Individual, group & couples counseling & Coaching
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